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	Time	Activity			
Monday	8.30-1pm	Playschool			
	11-12pm	Ag caint as geailge			
	5-6 pm	Yoga with Marie			
6-7.30pm		Duffy Donnan School of Irish Dancing			
	<mark>7.30-</mark>	ICA women's group			
	<mark>9.30pm</mark>				
Tuesday	8.30-1pm	Playschool			
	10am-1pm	Art Forum Art School			
	3.30-	Project fashion learn to design ,sew and make your own clothes			
	6.30pm				
	6.30-7.30	Pilates with John			
	7-8 pm	Zumba with Sandra			
	7-10pm	Art Forum Art School			
	8-10pm	Dublin north Gospel Choir			
Wednesday	8.30-1pm	Playschool			
	10am-1pm	Art Forum Art School			
	1.30-2.30	St Michaels house Tae Kwan Do			
	<mark>3-5pm</mark>	Magneta ladies club			
	7-8pm	Pilates with Noelle			
	7.30-9pm	Yoga with Marie			
Thursday	8.30-1pm	Playschool			
	10-1pm	Art Forum Art school			
	<mark>2-3</mark>	Physio led exercise			
	<mark>2.30-</mark>	Whist Drive			
	<mark>4.30pm</mark>				
	6-8pm	Duffy Donnan school of Irish dance			
	7-10pm	Art Forum art school			
	8-9pm	Pilates with John			
	8-9pm	Santry forum			
	8.30-9.30	Yoga with Ciara			
Friday	10-11am	Exercise to Music			
	11 -	Tai Chi with Declan			
	12.30pm				
	3.30-	Curtin Call Stage school			
	7.30pm				